


IPTEC INSIGHTS

JANUARY EDITION



RESIDENT SPOTLIGHT

CHENEY GERTZ, PHARMD; PGY1 IUH BLOOMINGTON



Hi Everyone! I'm Cheney, a current PGY-1 at IU Health Bloomington Hospital. I went to Purdue University for pharmacy school (I know it is almost a crime to be in Bloomington after 6 years in West Lafayette). What I enjoy about residency so far is all the different learning environments and opportunities to interact with other healthcare professionals and patients. IUHealth Bloomington has been an amazing place to continue to learn with a variety of rotations, preceptors who care about tailoring experiences for the maximal benefit of each resident based on interest, and a staff that instantly felt like family. My favorite rotation has been Emergency Medicine as I never know what I will see or learn in any given day. This had led to my current search and interview process for a PGY2 position in Emergency Medicine! When I am not working, I really enjoy travelling (hard this year of course), hanging out with friends/family, forcing my pets to spend time with me, reading, or doing puzzles.

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TIPS & TRICKS FOR EDUCATION MATERIAL PREPARATION

Structure for success:

- Your teaching philosophy should be unique to you with your core beliefs about teaching/learning and what makes you passionate
- Don't forget to showcase your teaching skills!!
- Strive for student success, use their feedback on your portfolio and in your teaching style
- Professional development is continuous! Try your best to highlight your commitment and qualifications

Link: [Tips for building a strong online teaching portfolio](https://digino.org/blog/building-a-strong-online-teaching-portfolio/)

Reference: DigiNo. Tips For Building A Strong Online Teaching Portfolio - DigiNo. DigiNo. Published July 4, 2024. Accessed February 4, 2025. <https://digino.org/blog/building-a-strong-online-teaching-portfolio/>

REMINDERS:



- Reminder that the **midpoint evaluation** with your mentor was due on **January 15th**
 - This evaluation should be completed by you (the mentee) and both mentor/mentee should receive an electronic copy of your submission
 - Link: [Midpoint Evaluation](#)
- There are still **teaching opportunities** available listed on the website
 - Link: [Opportunities](#)
- The **IPE event on 02/28** is still looking for facilitators (located in Indianapolis)
- Upcoming: Final portfolio is due on **May 15th**

MONTHLY MOTIVATION:



RX FOR FUN:

Word Search Puzzle

I	O	A	E	Y	I	I	C	P	C
E	R	E	A	R	M	N	D	C	L
S	T	Y	L	E	N	O	L	M	A
N	I	B	J	L	I	B	E	R	D
B	N	A	A	I	E	A	O	O	C
E	Y	C	R	Q	N	R	Z	C	B
N	C	T	D	U	Q	I	E	E	B
A	O	R	I	I	E	L	M	P	O
D	Z	I	A	S	R	L	P	H	M
R	A	M	N	E	P	C	I	I	C
Y	A	C	C	E	N	Z	C	N	R
L	R	O	E	A	M	O	O	O	M

bactrim
ozempic

tylenol
benadryl

eliquis
rocephin

cozaar
jardiance

UP & COMING

We are continuing a resident spotlight section in all future newsletters; if interested please reach out to Rylee at a76976@ecommunity.com or Megan at Megan.Routh@va.gov



Answers from last month: 1. Esomeprazole 2. Vancomycin 3. Empagliflozin 4. Spironolactone