

# ***THE IPTEC TIMES***

THE LATEST NEWS AND UPDATES FROM YOUR LIAISONS AND EXECUTIVE COMMITTEE



Indiana University Health - AHC Pharmacy Residents at ASHP Midyear

## **TEACHING AHEAD**

As we start the spring semester, we hope that you have taken advantage of opportunities to develop your teaching skills. Reminder to refer to the IPTeC website regularly for ongoing teaching opportunities! We encourage you to look to your teaching mentors and your IPTeC cohort for support!

Happy New Year!

## **IN THIS ISSUE:**

***Calendars & Reminders***

***Perspectives***

***Featured Teacher***

***Win a Starbucks Gift Card?***



IUH Arnett PGY1 Residents helping out in the Purdue University Skills Laboratory  
Photo credited to: IUH Arnett PGY1 residency instagram

## TEACHING EXPERIENCE REQUIREMENTS

### ***DIDACTIC - 2 HOURS***

Lectures/presentations to health professionals and/or health professional students

### ***EXPERIENTIAL - 6 HOURS***

Facilitation of or assessment of learners, including precepting APPE/IPPE students

### ***SMALL GROUP - 3 HOURS***

Lab, recitation, and/or small-group teaching within a classroom setting with students

Check out the [IPTeC Website for Teaching Opportunities](#)

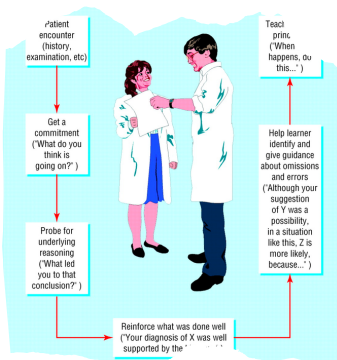
## EVENTS

### **JANUARY 15, 2024**

Midpoint evaluations of IPTeC participants by their teaching mentors. Participants should share their teaching philosophy, past teaching experiences, feedback, reflections, and upcoming teaching with their mentor prior to the submission. The midpoint is a progress check to make sure you are on track to complete your teaching and the portfolio by May 15. [Evaluation link for Teaching Mentors to complete.](#)

# PERSPECTIVES

We believe building perspective is important, so here are some voices and experiences we want to amplify this month. We encourage you to engage with one, if not all, of these options the next time you have some time to fill!



One Minute Preceptor Graphic



ASHP Official Podcast Logo



AJHP Graphic

## SOMETHING TO WATCH

### The One Minute Preceptor Learning Model

Do you struggle for time when giving feedback to students after they work up patients? Watch this one-minute video illustrating the one-minute preceptor model!

## SOMETHING TO LISTEN TO

### Wellbeing and Resilience: MCM 2022: It's Ok If You're Not Okay: Supporting Well-Being and Resilience

As many of us are at the half-way point in our programs, it is common to experience burnout. This podcast focuses on applying strategies to promote well-being and resilience to minimize burnout.

## SOMETHING TO READ

### Teaching Residents How to Deliver Active Learning During Didactic Lectures

Are you struggling to keep your students engaged during didactic lectures? The purpose of this article is to identify common active learning errors residents encounter and to provide solutions to overcome these problems.



# FEATURED TEACHER

## KALI HECKERT, PGY1 RIVERVIEW HEALTH

My teaching philosophy centers around integration of real-life examples into lecture materials and discussions. I firmly believe that learning is enriched and sustained when students can relate theoretical concepts to practical, real-world scenarios.

I emphasize presenting information within the context of real situations to illustrate the practical applications of clinical knowledge. By contextualizing learning in this manner, students can directly observe the relevance and impact of their studies, fostering a deeper understanding and appreciation for the subject matter. Furthermore, incorporating real-world cases into the curriculum empowers students to analyze complex situations, make informed decisions, and grasp the consequences of their choices. This educational approach helps students develop critical thinking and problem-solving skills.



Featured Teacher, Kali Heckert

## WANT TO BE A FEATURED TEACHER?

We're looking for stellar pharmacy residents and fellows in the IPTeC Cohort to feature in upcoming editions of the IPTeC Times! If you are interested in sharing your journey fill out the form below or nominate a peer by emailing Technology liaisons Garrett & Natalie (ggarver17@gmail.com and natalie.kinstler@gmail.com)

[Link to Form](#)



Riverview Health Residents at ASHP Midyear 2023

## FEATURED TEACHER, CONTINUED

### ACADEMIA EXPERIENCE

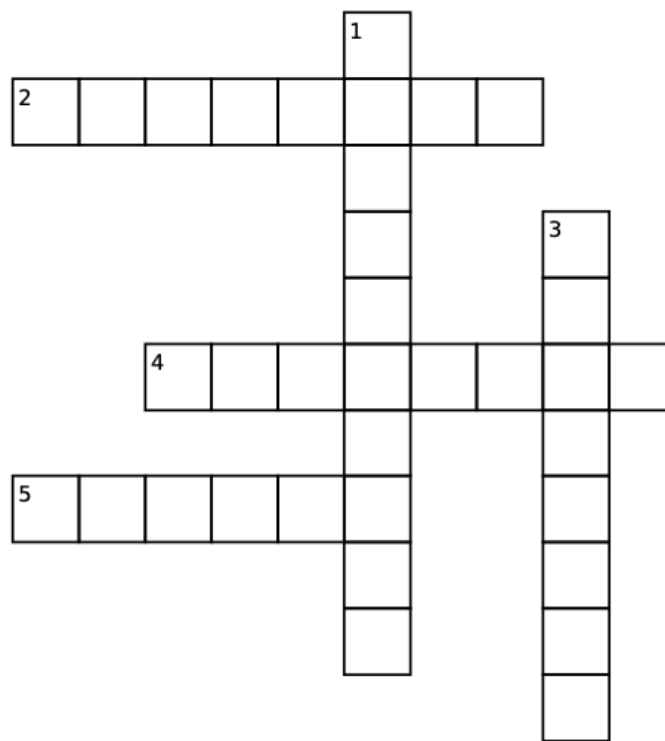
So far, I have completed the small group requirement of IPTeC through participating in Butler University's Case group discussions this past fall semester for P2 students. Throughout the semester, I guided and facilitated group discussions on various topics covered in their lectures. To enhance engagement, I prompted students with thought-provoking questions aimed at stimulating follow-up discussions regarding treatment plans and their rationale. Additionally, I shared first-hand examples of clinical cases encountered during my residency at Riverview Health, providing students with real patient scenarios for comparison. I plan to continue to utilize specific and real examples I have come across in my own practice as a pharmacist thus far to help students apply their clinical knowledge.

# Want the chance to win Starbucks?

## CHECK OUT THIS MONTH'S IPTEC ACTIVITY

### Directions:

Once you fill out the crossword correctly, send us a photo of your completed crossword for your chance to win a \$5 Starbucks gift card!



### Down:

1. This day in January is National Dress Up your Pet Day!
3. This occurs in February once every 4 years

### Across:

2. This social media platform turns 20 years old this year
4. The 108th running of this famous race will be in 2024 and occurs in what town?
5. The Chinese New Year

Email answers to your Technology Liaisons: Garrett (ggarver17@gmail.com) & Natalie (natalie.kinstler@gmail.com)