

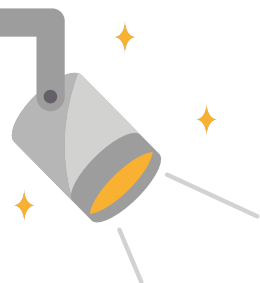


IPTEC INSIGHTS

DECEMBER EDITION



RESIDENT SPOTLIGHT



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This semester, I had the honor to be an Adjunct Associate Professor of Pharmacy at Butler University College of Pharmacy and Health Sciences as part of the Longitudinal Academic Experiential Program (LAEP). Alongside my preceptor, I helped teach Therapeutics and Case Studies 3, consisting of Psychiatric and Infectious Diseases topics. I helped the students improve their writing skills and clinical knowledge through consult notes and mini case studies, and provided

real-world scenarios to give greater context and applicability to the topics. This experience was instrumental in my pharmacy career as I have always had an interest in teaching but had not had the opportunity thus far. This was such a rewarding experience, and I was able to connect with and relate to the students as I was in their shoes just 2 years prior. Aside from teaching, I tried to act as a mentor for career advice and residency applications to prepare them as much as possible for their career ahead. Now as a pharmacist, I believe it is my responsibility to give back to the profession by teaching students and helping the next generation of pharmacists, and this experience invigorated my motivation to continue teaching/precepting in my practice.

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HOW TO BUILD YOUR TEACHING PORTFOLIO

Use a free website builder like Weebly or Wix.

These websites can initially look like you have to pay monthly, however, the charges are to remove the weebly/wix in your url domain -- a.k.a. free otherwise!

Plenty of examples can be located on the IPTeC Website.

Link: [IPTeC Website](#)

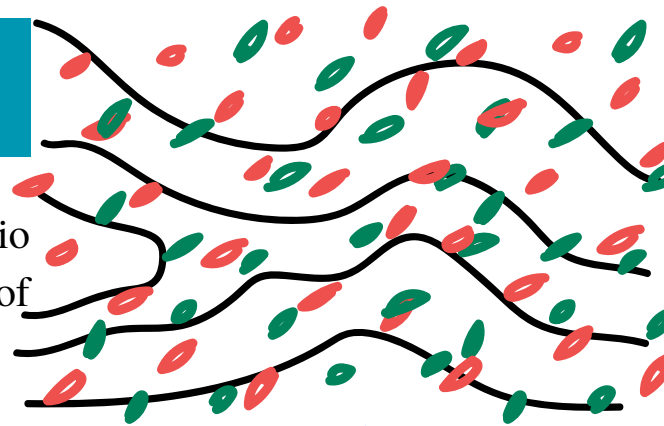
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WHAT TO INCLUDE:

Commonly seen breakdown on the teaching portfolio has tabs across the top highlighting a combination of the following:

- Home
- Teaching Philosophy
- Curriculum Vitae
- Teaching Experiences
- Additional Documents
- And more!!

Each resident has the creative freedom to design their website to include more than just the elements necessary from the portfolio checklist that was sent last month. Creativity can mean different things to everybody, so showcase what you deem fit!



PRECEPTING AND MENTORING

Reflect upon what your experiences were with preceptors. What activities were valuable for you? What qualities in their preceptorship was beneficial?

Orientation is important, and setting clear expectations for learners helps ensure they are set up for success and feel welcomed and integrated. Additionally, if you have concerns about performance it helps that you explained expectations.

Feedback is crucial, and learners should be provided feedback often and concerns brought up early. Providing positive feedback is also important. Areas for improvement should be specific and actionable. If concerns are noted early in the rotation a plan for improvement should be created.



RX FOR FUN:

Medication Generic Name Scramble:

- 1) zmooeaespr
- 2) yccnnmioav
- 3) zfgpiiaelmnl
- 4) rooeasntlipcn

Answers from last month: 1. Ceftriaxone, 2. Mounjaro, 3. Doxycycline, 4. Nicardipine
Reveal for this month’s puzzle answers will be in the next newsletter.

UP & COMING

We are planning a resident spotlight section in all future newsletters; if interested please reach out to Rylee at a76976@ecommunity.com or Megan at Megan.Routh@va.gov

