

# IPTEC INSIGHTS

MARCH EDITION

## RESIDENT SPOTLIGHT



### SARAH BREDEWEG, PHARM.D; PGY1 ASCENSION ST. VINCENT

This past semester, I have had the opportunity to be a guest lecturer for an elective course at Butler University. I have also been fortunate enough to serve as a mentor as I helped to review residency applications, and met with students to discuss their future opportunities. My mentors have had such a major impact on my life and I would love to support future pharmacists as I have been supported.

Currently, I am an Adjunct Associate Professor at Butler University College of Pharmacy and Health Sciences as a part of the Longitudinal Academic Experiential Program (LAEP).

I work with current Psychiatry PGY-2 at Community Health Network, Ruchi Rana, teaching Therapeutics and Case Studies 2, consisting of respiratory, cardiac, and a few neurological disease states. It's still early on in the semester but I'm excited to continue connecting with the students and to have the opportunity to encourage their growth. I have a few more teaching experiences planned for this upcoming semester and I'm looking forward to what this new year has to offer!

## CONTENTS:

Page 1:

- Resident Spotlight

Page 2:

- Giving & Receiving Feedback
- Reminders!!

Page 3:

- Monthly Meme
- RX for Fun: Monthly Puzzle

## GIVING AND RECEIVING FEEDBACK

As a pharmacy preceptor, effectively giving and receiving feedback is crucial for fostering professional growth and ensuring high-quality patient care. When providing feedback, it's important to offer it promptly after observing the behavior to facilitate immediate improvement (in a safe appropriate environment). Focus on specific behaviors or actions, giving clear examples to avoid generalizations. Engage learners in self-assessment by asking open-ended questions, which promotes critical thinking and deeper understanding. Additionally, offer concrete steps for improvement to guide learners effectively.

As a learner, when receiving feedback, approach it with an open mind, viewing it as an opportunity for growth (Try not to take it personally, a good preceptor should be giving you pointers on things you can improve on. Not providing commentary on your personality.). If the feedback received is unclear, seek specific examples to understand the context fully. Reflect on the feedback carefully and develop a plan to implement necessary changes. And if you have further questions at this point, reach out for further clarification from the preceptor. By embracing these practices, pharmacy preceptors and learners can create a supportive learning environment that encourages continuous development and excellence in pharmacy practice!

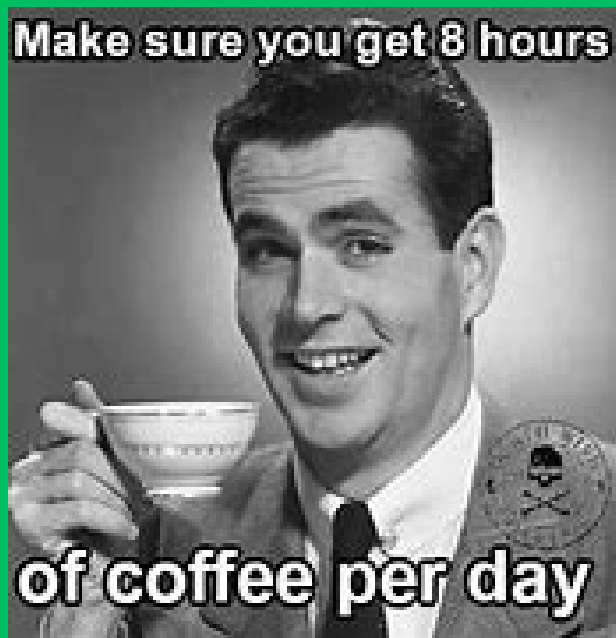
- Maggie Kauffeld, PharmD, MBA

## REMINDERS:

- There are still **teaching opportunities** available listed on the website
  - Link: [Opportunities](#)
- Upcoming: Final portfolio is due on May 15th
- Link to Website: [IPTeC Website](#)
  - Please note that there has been updates added under the teaching portfolio section



## MONTHLY MEME(S):



## RX FOR FUN:

## UP & COMING

### Guess the Drug:

1. A beta-lactam that can be given IV and IM for many reasons, but I am a preferred agent for an STI. I should not be used in neonates due to the risk of kernicterus. Who am I?
2. A commonly used medication for psychiatric disorders but I can also be used for smoking cessation. Also, I can lower the seizure threshold. Who am I?
3. I am antibiotic associated with many adverse effects including qt prolongation, phototoxicity, and tendon rupture. I am used for pneumonia as I cover *Streptococcus pneumoniae*, but I also cover *Pseudomonas aeruginosa*. I also have an ophthalmic preparation. Who am I?

We are continuing a resident spotlight section in all future newsletters; if interested please reach out to Rylee at [a76976@ecommunity.com](mailto:a76976@ecommunity.com) or Megan at [Megan.Routh@va.gov](mailto:Megan.Routh@va.gov)

