

THE IPTEC TIMES

THE LATEST NEWS AND UPDATES FROM YOUR LIAISONS AND EXECUTIVE COMMITTEE



IPTEC executive committee members photographed at Butler University.

TEACHING AHEAD

We hope that you are enjoying the start of your teaching journey following the August IPTeC Conference. As you are preparing to teach, we encourage you to think of the teachers, professors, and mentors who have inspired you. Just as they had an impact on you, you have the ability to inspire the students in your courses.

IN THIS ISSUE:

Meet your Liaisons!

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Win a Starbucks Gift Card?

MEET YOUR TECHNOLOGY LIAISONS

On September 20, the IPTeC executive kicked off planning for the upcoming year and welcomed the 2023-2024 liaisons, Claire, Garrett, Kylie, and Natalie! Get to know your technology liaisons by checking out their bios below:

HOMETOWN: South Bend, Indiana

PHARMACY SCHOOL: Purdue University

RESIDENCY PROGRAM: Indianapolis VAMC

CURRENT ROTATION: Specialty Clinics

HOBBIES: I enjoy distance running, coffee, and baking! I just ran my first marathon and am looking at doing a second marathon next spring.



GARRETT GARVER



NATALIE KINSTLER

HOMETOWN: Greenwood, IN

PHARMACY SCHOOL: Purdue University

RESIDENCY PROGRAM: Riverview Health

CURRENT ROTATION: Internal Medicine

HOBBIES: I enjoy cooking, exercising, binge watching TV shows, traveling, and hanging out with my two cats, Enzo and Ozzy!

Meet our research liaison, Claire, and our programming liaison, Kylie, in next month's issue of the IPTeC Times!



VA PGY1 Residents and RPD, Dr. Kania, at the 2023 IPTEC Conference.

TEACHING EXPERIENCE REQUIREMENTS

DIDACTIC - 2 HOURS

Lectures/presentations to health professionals and/or health professional students

EXPERIENTIAL - 6 HOURS

Facilitation of or assessment of learners, including precepting APPE/IPPE students

SMALL GROUP - 3 HOURS

Lab, recitation, and/or small-group teaching within a classroom setting with students

Check out the [IPTEC Website for Teaching Opportunities](#)

CALENDAR

JANUARY 15, 2024

Midpoint evaluations of IPTEC participants by their teaching mentors. Participants should share their teaching philosophy, past teaching experiences, feedback, reflections, and upcoming teaching with their mentor prior to the submission.

MAY 15, 2024

Final portfolios are due. Participants are required to develop an electronic teaching portfolio that includes evidence of their teaching experiences, preceptor and student evaluations, narrative self-assessments, and documentation of their personal teaching philosophy. The teaching portfolios will be reviewed and formal feedback will be provided by experienced educators.

PERSPECTIVES

We believe building perspective is important, so here are some voices and experiences we want to amplify this month. We encourage you to engage with one, if not all, of these options the next time you have some time to fill!

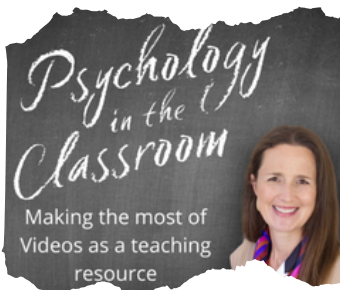


Mark Rober presenting a TEDTalk.

SOMETHING TO WATCH

[The Super Mario Effect: tricking your brain into learning more](#) | [Mark Rober](#)

YouTube star and former NASA engineer describes how this data-backed mindset for life gamification has stuck with him along his journey, and how it impacts the ways he helps (or tricks) his viewers into learning science, engineering, and design.



Podcast episode cover graphic.

SOMETHING TO LISTEN TO

[Making the most of Videos as a teaching resource](#) | [Psychology in the Classroom](#)

We all use videos in teaching, but passively consuming videos doesn't encourage long term learning. Take a listen to ponder the question: How do we make the most of videos as a teaching resource?



A red pen laying on a paper.

SOMETHING TO READ

[The derring effect: Deliberate errors enhance learning](#)

To err is to human, but to deliberately err is divine. Deliberately committing errors even when one already knows the correct answers produces superior learning than avoiding them, particularly when one's errors are corrected.

FEATURED TEACHER

SHINING A SPOTLIGHT ON PHARMACY EDUCATORS

You're not alone in your teaching journey! Each month we will be featuring members of the 2023-2024 IPTEC cohort and recent graduates of the program! This month our featured teacher is Chelsea Huppert, one of last year's IPTEC liaisons and a current PGY2 Ambulatory Care/Academia Resident. Check out Chelsea's story about finding her passion for academia.

Featured Teacher, Chelsea Huppert



CHELSEA HUPPERT

I don't know about you, but I find the greatest joy in equipping students with the tools to make a positive impact in their future pharmacy role. The funny part of my story is that I always wanted to become a teacher and volleyball coach just like my mom, but she wanted me to explore other paths, so I landed on pharmacy. Yet here I am almost halfway through my PGY2 chasing that very dream.



Chelsea Huppert co-precepting an APPE student during her PGY1 residency

I discovered this joy last year completing this very program, and I have a feeling there might be a few of you just like me. The best part about IPTEC is the emphasis on a balance of teaching activities. I would encourage those that have even the slightest interest in academia to take advantage of opportunities (IPTEC sends so many!) beyond your respective program requirements to teach in lab/recitation or lecture at your affiliate schools as that's how I gained more

experience as a PGY1 to set me up for success as a PGY2. If it's difficult to get into the classroom due to residency location or other time commitments, I would challenge you to seek out opportunities at your own site. There's always something to learn in the health care field, so you can find/make opportunities where you're at!

FEATURED TEACHER, CONTINUED

I realize that not all of you will have an interest in academia but the odds of you teaching in some capacity in the future (i.e., precepting) is likely high. Because of that, I would encourage you to pick up whatever nuggets of information you can along the way, even if you might not be super passionate about that particular teaching activity. I promise you that there's always something to learn. Another piece of advice that I would give to you is to **lean on your teaching mentors!** Prior to lectures, labs, and topic discussions, I would run things by my mentor and she provided me insight from a different perspective that I wouldn't have thought of otherwise which only made the activities better. In fact, I still lean on her as a PGY2!

Finally, I want to leave you with this. After each teaching activity you complete this year, pause and reflect soon after the activity on things that went well and areas for improvement. It can be very tempting to wait until the end of the year while you compile your teaching portfolio, but self-reflecting and assessing evaluations (**remember feedback is a gift and you can choose what you do with it!**) along the way will make you progressively better as the year goes on. During this reflection time, think about how energized you felt in the preparation, delivery, and conclusion of the activity. You might just find your "why" and an idea of what you want for your next steps!

Chelsea Huppert presenting her Grand Rounds



Chelsea Huppert and her co-residents at the 2022 IPTeC Conference



***Want to be an IPTeC
Featured Teacher?***



[Link to Form](#)

Want the chance to win Starbucks?

CHECK OUT THIS MONTH'S IPTEC ACTIVITY

Directions:

Find the words in the puzzle. Words can go in any direction and can share letters as they cross over each other. Take a picture or screenshot and fill out this [form](#) once you have completed the puzzle for a chance to win a \$5 Starbucks gift card! Winner will be contacted by email. Happy word-searching!

P	J	J	L	U	P	P	V	A	K	Z	F	H	I	N
H	H	W	Q	A	C	U	Z	P	R	S	U	R	Y	I
Y	U	A	P	R	E	C	E	P	T	O	R	K	D	J
F	F	X	R	M	Y	A	A	U	L	J	A	H	P	F
Q	Q	G	R	M	P	U	D	X	E	R	G	O	L	N
N	M	U	W	M	A	E	M	S	L	K	S	E	Z	T
I	I	G	I	Z	N	C	Z	Z	T	A	V	W	Q	W
T	P	M	Q	T	R	R	I	I	E	G	E	H	S	S
V	T	Y	S	D	W	T	S	S	N	V	W	Y	X	S
E	E	Y	F	M	A	F	K	I	T	L	F	J	V	X
V	C	V	G	K	N	B	H	G	O	H	B	H	Y	D
Z	O	X	P	Q	V	C	O	C	U	Z	V	Y	I	X
J	B	Z	L	W	A	C	W	P	M	G	I	G	H	W
T	W	N	K	E	V	G	I	P	D	C	A	G	B	Q
U	H	E	T	T	W	L	R	Y	H	A	U	E	X	Z

Word Bank:

PHARMACIST IPTEC TEACHING STUDENTS PRECEPTOR